

NEW LOW RATES
Fire Insurance
for HOME and
Contents
R. R. Pattinson

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 25 — No. 26

The Journal, Coleman, Alberta Wed., August 17, 1955

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**Remington
Portable
Typewriters**

Blood Donor Clinic To Be Held Sept. 6 C. N. P. Hospital

The next blood donors clinic will be held on Tuesday, September 6 at the hospital. There will be an afternoon and evening clinic. At the clinic held April 13, 346 pints of blood were donated with the town of Blairmore topping the list with 124 pints; Coleman, 98; Bellevue, 71; Hillcrest, 31; Frank, 17; Sentinel, 2; Burmis, 2, and Lundbreck 1.

At the April clinic many gave blood for the first time and following is a list of donors who gave five pints or more including the April clinic. There may be some names not on this list if they missed the last clinic.

Top honors from Coleman goes to Mrs. Mary Kosma who has given a record number of donations from this town—19 pints in all. Indeed a fine record Mrs. Kosma is to be congratulated for this fine service.

Following is the list of those giving five pints or more:

Mrs. J. Allen, Jr.
Mr. G. Atkinson.
Mr. E. C. Clarke.
Mr. and Mrs. H. Coop, Sentinel.
Mrs. F. DeCocco.
Mr. M. Drew.
Melvin Dunford.
Bruno Gentile.
Mrs. F. Guerard.
Mr. J. R. Hill.
Bill Holyk.
George Jenkins.
J. R. Jones.
Mr. and Mrs. J. R. Kwasnie.
William R. Liddell.
Mrs. W. Lousbury.
John A. McDonald.
Mrs. W. McLeod.
Mr. and Mrs. A. McQuarrie.
George Omelusk.
Mr. D. Pow.
Mrs. M. Roughhead.
Walter Smolik.
Mrs. P. Topak.
Mrs. L. Vasek.
Clubert Watt.
Mr. J. Wavrean.
Mr. and Mrs. H. Zak, Jr.
The Pythian Sisters of Coleman will be canvassing the homes for blood donors for the September 6 clinic.

Coleman Streets Receiving New Look

Town work crews have in the last two weeks been busy repairing streets that have been badly in need of repair.

Main street from the post office east has had a new surface laid and 2nd street in west Coleman, has received a light surface. Both of these streets had become badly broken up with the heavy traffic.

It is hoped that other streets in town will receive attention in the near future.

Willow Drive Assn. Hold Annual Picnic Crows Nest Lake

Under clear skies with a bright sun shining down, residents of the Willow Drive community held their annual picnic on Sunday, August 7 at that wonderful mountain lake known as Crows Nest Lake. Boating and horse-shoes were the main events enjoyed by both sexes. It seems that the ladies had that game of horse shoes down to a science.

We wonder where those ladies developed their pitching arms; but now we know why their husbands always answer with a "Yes, Dear" with top honors going to Mrs. Grace Juhlin and Mrs. Helen Juhlin.

I suggest that you husbands better mend your ways and don't forget that "Yes, Dear."

We wonder why Walter didn't do so good on his unimproved surf board. His excuse was that the speed of the towing boat was not fast enough; but we think that the water was too cold to chance a ducking in.

Well, that's all right, Walter. We will accept your explanation this time.

A grand time was had by all, but we do wish that more of you members would attend these picnics as the more there are the better time that can be had by all.

So next time come along and bring some friends, even if they are ladies with good pitching arms.

Blairmore Forest Fire Now Under Control

BLAIRMORE — A forest fire which raged out of control for nearly 12 hours on the wooded slopes of Goat Mountain here was being held in check Saturday morning, by weary firefighters.

The flames broke out late Friday afternoon at life Blairmore cemetery on the north side of the town and within a few hours were racing up the slopes of the mountain.

At about 1 a.m. the fire was brought under control and the most dangerous part of the blaze was isolated. Late Saturday morning the mountainside was still smoldering, and a dense cloud of smoke hung over the town.

Officials did not think there was much chance of the fire breaking out again and spreading over the summit of the small mountain, but fire-fighting crews were being kept on the job until remaining pockets of flames were completely extinguished.

Two employees burning brush near the cemetery were believed to have sparked off the fire.

Flames first spread to the crassy area around the base of the mountain and then began their 1,000 foot climb.

Although there was little chance of the fire endangering any inhabited areas, nearby residents were alerted for possible evacuation.

Dense underbrush on the mountain helped to quickly spread the fire and sent a dense cloud of smoke into the air. Quick bursts of flame intermittently punctured the smoke as the fire reached small stands of evergreens.

Working on the outskirts of the blaze, fire fighters managed to keep flames away from heavily wooded portions of the mountain.

The steep rocky slopes of Goat Mountain hindered the efforts to control the blaze. A Caterpillar tractor rushed to the scene was unable to do much work except on the lower slopes and a fire engine had to use two relay pumps to get a limited supply of water

up to fire-fighters.

Shortly after the fire started, RCMP officers scoured Blairmore, Bellevue, Hillcrest and Coleman, rounding up available men to battle the flames.

By Saturday morning only about 30 men remained on the job, although it was expected the crew would be doubled later in the day. Gordon Lind, chief forest ranger in the area, said a special four-man fire fighting crew from the nearby Bow Forest Reserve had been brought in to battle the flames.

A Caterpillar tractor had managed to climb to the first ridge of the mountain and was clearing a fire guard there. Two way radio contact was being kept between the tractor and crews at the base of the mountain.

A misty rainfall for two hours early Saturday helped keep the flames in check and by late morning only a few spots of fire were still burning in one small area.

The latest reports on the forest fire on Goat Mountain in Blairmore is that it is under control, but still requires approximately 150 men to guard against a further outbreak. The terrain makes it very difficult to completely extinguish due to the extreme dry undergrowth and pine needles which will smolder for days. The West Canadian Mine has been idle for two days so as the men may help in controlling the fire. Men are being recruited from all of the Pass towns to assist the Forestry Board. The fire has extended to the east side of the mountain but if wind does not come too strong to fan it, it is hoped to have it extinguished in a few days. Rain would be of the greatest help at this time as the forests are tinder dry. All persons are asked to be very careful with fires at this time.

The Vacation Bible School held in the United Church came to a close with a program and display Friday, August 5th. Many parents and friends were present to see the work of the children.

Bobby Liddell was master of ceremonies for the afternoon, assisted by Paul Clary, who gave the announcements.

Rev. R. McAulay presented diplomas to the children at the close of the program.

Two of the teachers, Margaret McDonald and Gayle Fontana rendered two lovely duets which were much appreciated by the audience. Mrs. G. Horn was in charge of the kindergarten class. Cynthia Bond and Rosalie Love had the junior group; Jean Cooper and Gayle Fontana guided the girls in the 9 to 12 year group while Margaret McDonald and Beverly Bond had the boys class 9 to 12 years.

The program for each day consisted of worship, recreation outdoors, refreshments and handicrafts. Mrs. C. Cooper was convener of refreshments. Others helping with the school were Mrs. M. Dunford, Mrs. R. B. Lowe, Mrs. C. MacQuarrie, Mrs. A. Hall-derson, Carrie Horn, Mrs. A. MacQuarrie and Mrs. W. Liddell.

Handicrafts enjoyed by the classes were basket weaving, glittercraft, chemical embroidery, vase making, spaghetti mottos and bracelets, pasting and coloring. There was an average attendance of 65 at the classes.

Members of the team explained that the formation is not restricted to the Blairmore area, but is commonly found in other parts of the Rocky Mountains and the foothills.

The art of brushing his teeth properly is something every youngster should learn, as soon as he is old enough to handle a toothbrush. The teeth should be brushed from the gum out to the biting surface, not just across horizontally, which method will not remove food particles from the crevices.

When they left they took with them a number of samples of the formation as well as fossils which will be turned over to experts who will try to determine the age of the rocks.

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Coleman Oldtimer To Reside in Calgary

Mr. and Mrs. D. Gentile old-time residents of Coleman left this week to reside in Calgary. Mr. Gentile came to Coleman in 1910 from Rome, Italy, where he was born in 1877, and has only recently celebrated his 78th birthday. His wife followed him to Coleman just before the outbreak of the First World War. For the year of his residence in Coleman he worked in the mines, and from there he started up a shoe store and repair shop which he continued to operate until the big fire in 1948 which destroyed his store.

Mr. Gentile in his many years of business remembers the tough times experienced during the First Great War and the terrible thirties when jobs could not be had for love or money, but those experiences have not shaken his confidence in the future of Canada or Coleman and he still believes that the coal mining industry will come back, maybe not so great as it was in the past, as he has seen and heard so many dire predictions regarding the future of coal and it still continues to operate. His love for Coleman and its people is really something wonderful, and as Mr. Gentile stated, I will never forget this town. I thought that I would be able to live out my days here, but will miss it terribly and all the good friends that I have known for so long. I will come back and visit often. If it was not a question of my wife's health we would never leave. Only two and a half years ago we celebrated our Golden wedding anniversary.

Mr. Gentile has raised two sons and two daughters. Bruno of Coleman, Angelo of Cranbrook, Mrs. Marguerite LaForte of Calgary and Mrs. D. Montalbetti of Banff. Mr. Gentile has been a member of the Italian Lodge of Coleman for many years.

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Coleman School Board Offers Discount On School Books

At a recent meeting of Coleman School Board the cash statement was read and accepted, with all accounts authorized for payment.

With regards to the purchase of school text books for the forthcoming term, the board decided to again purchase them and resell to the student at an eight per cent discount instead of the five per cent allowed last year. The board hopes that all students will take advantage of this offer.

The matter of having the house in the school yard painted—two tenders were submitted, with one priced at \$45 and the other submitted by J. Jenkins and P. DeCocco, school janitors, for \$200. The board awarded the contract to the \$200 tender.

The new school term will get under way on Tuesday, September 6. Miss L. Johnston applied for a one year leave of absence, which was granted.

Coleman Woman Honored At Going-away Party

A lovely party was held at the home of Mrs. Emery Smith, of Blairmore, on Tuesday, August 9 to honor Mrs. Evelyn Bell of Coleman.

Eight ladies were present as Mrs. Eileen Emmerson presented Mrs. Bell with a beautiful picture of Lundbreck Falls.

Mr. and Mrs. Ding Bell have been residents of Coleman for a number of years, and are now making their home in Calgary, where Mr. Bell is employed.

Mrs. Bell, the former Evelyn Kaye of Bellevue, and two children, Fran and Tommy, will leave this week-end to join Mr. Bell.

Mrs. Bell, while here, was an active member of the LDS Church holding the office of first counselor and secretary of the Primary Association.

Induction Service August 5

A large group of United Church people gathered to welcome Rev. Roderick McAulay and Mrs. McAulay to the Coleman - Hillcrest pastorate and to witness an impressive induction service on Friday, August 5 at 7:30 p.m.

Rev. Bert Mariani of Pincher Creek, gave the address to the minister and conducted the induction.

Mr. Frank Holberton of Lethbridge, gave the address to the congregation.

Present for the occasion were Mr. and Mrs. Taylor of the Fairburn district, who are Mr. and Mrs. McAulay's parents.

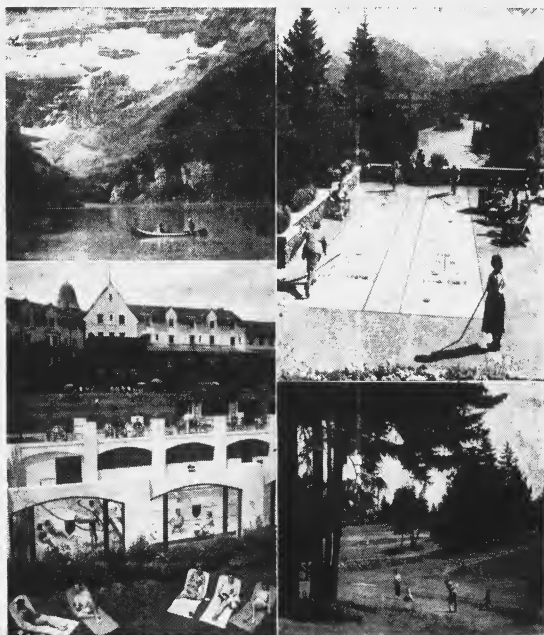
A corsage of roses, a gift of the women of the congregations, was worn by the new minister's wife. A social hour followed in the club room where lunch was served.

Old Time Resident Passes Away

Mr. N. H. McKinnon, one of Coleman's old time residents, passed away in the C.N.P. Hospital after a lengthy illness on Wednesday morning at approximately 12:30 a.m. As yet no funeral arrangements have been made. Further details will be published in next weeks issue of the Coleman Journal.

Restaurants that show evidence of lack of proper sanitation and neglect of general cleanliness should be reported to the local health department. Disease germs may be passed from person to person if tableware and silver is not properly sterilized.

Before using water from natural sources such as streams or lakes, it should be tested for safety. The use of one of the water purifiers recommended by a doctor, druggist or local health department is advisable. Boiling the water will also render it safe for drinking.



HOLIDAYS BECKON: From coast to coast across the country sunny skies and balmy summer days will soon be calling Canadians away from the busy and scurry of workaday life so that relaxing annual break known as the "summer holidays". Soon to open are the Canadian Pacific Railway's hotels, inns, chateaux and lodges located at famed resort centers throughout Canada. Golf, swimming, riding, sun bathing, tennis — all the summer holiday pastimes — including the serenity of just enjoying magnificent scenery — await the vacationers. Upper left photo shows a couple canoeing on beautiful Lake Louise in the Canadian Rockies, where the Canadian Pacific's famous Chateau is open from June 22 to Sept. 4, enjoying themselves taking the sun or lazing about the swimming pool. Shuffleboard enthusiasts at the Banff Springs Hotel always have a hard time keeping their minds on the game with such beautiful sights as the Bow River and the Rocky Mountains to distract their attention. This magnificent summer resort will be open from May 31 to Sept. 15. Golfing on the 18-hole St. Andrews-by-the-Sea course, site of the Algonquin Hotel, open from June 15 to Sept. 7, provides thrills to experts and duffers alike, as the course if of championship calibre but teed for average players too.

Old Timers Picnic

The report of the Southern Alberta Oldtimers Picnic held at Crow's Nest Lake last Sunday will be printed in next weeks issue, as it was too late for this issue.

Antibiotics investigations into stem rust control

Diligent and never ending research to control the ravages of rust has revealed that on a purely experimental basis control of stem rust of wheat by the use of antibiotics appears possible. Reports from the Botany and Plant Pathology Laboratory, Science Service, Canada department of Agriculture in Ottawa indicate that this is not regarded by the scientist as having any commercial application at present.

Out of several antibiotics tested under greenhouse conditions, Actidione showed promise so was selected for field trials. This antibiotic appeared to have possibilities under both conditions, however all concentrations were purely experimental, and the quantity and strength of the spray applied may have been considerably more than was necessary.

Yields of sprayed plots were consistently greater than those of unsprayed plots. Germination tests of seed from plants sprayed with Actidione showed over a 90 percent sprouting in all cases.

Vitamin C in Potatoes—Variation in the vitamin C content in different varieties of potatoes was found by the By-products Laboratory on the Canada department of Agriculture Experimental Station at Kentville, N.S. The varieties Monominee and Canso were found to have 13.2 and 11.6 mgms. respectively of vitamin C per 100 grams of fresh weight. This was nearly twice the amount found in Green Mountain, Irish Cobbler and Epicure varieties, which had 6.9, 6.3 mgms. respectively.

Too Many Chromosomes—"Heirloom" a gladiolus variety resulting from a cross between the varieties "Astrid" and "Elizabeth the Queen", has been reported as completely ineffective for further breeding work. Chromosome counts made by the Horticulture Division, Department of Agriculture, Ottawa, on root tips of each of the above varieties have shown that in both Astrid and Elizabeth the Queen the normal number of chromosomes is 60, whereas 62 chromosomes were found in Heirloom. This condition explains the failure of Heirloom in crossbreeding.

WEEKLY BIBLE COMMENT

LOVE IS THE HEART OF TRUE RELIGION

The believer in every creed, to say nothing of those who belong to great historic churches or large denominations, might say, each in his own way, "My religion is the true one."

At the center of all religion, if it have any truth at all, are faith and sincerity. But faith and sincerity are not enough.

The persecutor and the intolerant have faith. They evidently believe in what they profess, and they are sincerely intense in their advocacy of it.

But truth has to do with knowledge, and knowledge depends upon understanding, and understanding depends upon love.

So, it is in accordance with reality that the New Testament makes love the center and soul of true religion, and by that very fact sets up a profound contrast with the lovelessness of some professions of religion.

The Prophet Isaiah gave his famous definition of true religion: "He (the Lord) hath showed thee, O man, what is good, and what doth the Lord require of thee, but to do justly, to love kindness, and to walk humbly with thy God."

And it is John who brought it out into all its fullness and inclusiveness in this manner: "He that loveth not his brother whom he hath seen, how can he love God whom he hath not seen?"

In these words is expressed the test of true religion.

ALLERGIC TO WHAT?

People who are sensitive to some particular substance may spend a long time suffering inconvenience or actual pain until they are able to identify the offending agent. Since the substance may be inhaled, eaten or absorbed through contact, and may affect the respiratory or digestive systems or the skin, it is advisable to have medical attention as soon as possible, in order to find out what is causing the allergy and to have proper treatment.

On The Side : E. V. Durling

Although George Bernard Shaw was considered somewhat condescended by many people, in reality he was a very modest man. Shaw was born in Dublin, Ireland. When it was decided to place a tablet on the Shavian birthplace, many inscriptions embodying words of high praise were suggested. Finally when Shaw was asked what he would like on the tablet, he suggested the following which now can be seen on the side of the house on 33 Synge Street: "Bernard Shaw, author of many plays was born in this house 26th July, 1856."

Husband hunting in Alaska

Alaska is a happy husband hunting ground for smart bachelorettes. In southern section of the country the men outnumber the women four to one. In the northern part it is 12 to one. If a girl can't get a husband in Alaska it is possible she will never get a husband at all for there are 25,000 reported bachelors in Fairbanks alone. Single men, eager to acquire a spouse, are also reported plentiful in Anchorage. The husband hunter who has a knowledge of stenography and typewriting has a definite advantage because she can get a well-paying position and take her time in looking over the eligible bachelor situation.

How to lose friends in a hurry!

The sixth wedding anniversary is the "iron wedding". Which means you might give the husband a few golf clubs. But how about his loving wife? I suggest the sixth wedding anniversary be made the "mink wedding". Then all the friends of the young matron could join in contributing to buy her a mink coat.

"Well dressed" for the occasion

How much attire does the well-dressed cinema star require? One does not look upon Debbie Reynolds as a "clothes horse" type, still for her recent trip to England Debbie had a wardrobe consisting of 124 pairs of shoes, 24 evening gowns, 15 suits, 30 skirts, 45 blouses and a vast amount of lingerie. Also a platinum mink coat and a beaver coat.

Long and short of it

"Criticism of long hair styles by those women featuring the closely clipped fashion is catty and ridiculous," writes a Baltimorean. "Long hair is woman's crowning glory. Those who have long hair wear it that way and those with a skimpy supply of hair wear it short. Anyhow long hair makes a woman look more like a woman, and less like a man, adds to her charm, seductiveness and desirability. That closely clipped short hair-do decreases a woman's sex appeal about 99 percent."

APPETIZING RECIPES



Rich Golden Coins, with a buttery flavor, make tempting tea-time fare. Decorate them with red or green cherry slices.

GOLDEN COINS

- 1 cup butter
- 1 cup icing or brown sugar
- 2 1/2 cups flour
- 1 teaspoon almond flavouring
- 1/2 teaspoon salt

Cream butter thoroughly, add sugar gradually, blending well between additions. Add flavouring.

Sift flour, measure; add salt, and sift once more. Stir into butter mixture. Mix well, using electric beater or light beating motion with spoon.

Press mixture into long, smooth rolls, about two inches in diameter. Wrap each in wax paper and chill in refrigerator overnight or several hours, until stiff.

Cut in thin slices, place slices slightly apart on ungreased cookie sheet.

Bake in moderately hot oven, 350 to 400 degrees F., 8-10 minutes until golden brown. These cookies are dainty if decorated with red or green cherry slices. Makes about 5 dozen cookies.

WELL BALANCED DIET BEST FOR HEALTH

The reducing program that brought a fat friend down to a shadow of his former self may not be at all suitable for the fat man's friend. While the doctor may have prescribed exercise, diet and certain drugs for the first individual's physical condition, the second person may find the same program harmful if he experiments himself, without competent advice. One safe plan that any one can try in order to get rid of superfluous fat is to cut down on too rich desserts, pastries and second helpings at the table.

Canada's Food Rules offer a well balanced diet without the extra fats that usually add extra pounds.

FAST WORKERS

Food particles remaining in the mouth after eating may start to form destructive acids in a matter of minutes. Therefore to protect the teeth, it is necessary to brush them immediately after eating. If this is inconvenient rinse the mouth with water. Eating an apple will also remove those small particles from between the teeth.

Weekly Crossword Puzzle

Missile

- HORIZONTAL
- 1 Depleted missile
- 10 Lasting quality
- 11 Joker
- 13 City in Illinois
- 14 Make lace
- 17 Correlative of either
- 18 Interstices
- 20 Chinese measure
- 21 Burden
- 23 Part of a face
- 25 Specs
- 26 Stepped
- 27 Pronoun
- 28 Sun god of Egypt
- 30 Half an cm
- 31 Throw
- 32 Rats
- 36 Poker stake
- 37 Try
- 38 — can be thrown to recoil
- 39 Ocean gulls
- 45 Negative reply
- 46 Chance
- 48 Senile
- 49 Sparse
- 50 It originated in
- 53 Gave
- VERTICAL
- 1 Plead
- 2 Atop
- 3 German river
- 4 Hybrid animal

Here's the Answer



The Sports Clinic

(An official department of Sports College)
Conducted by Lloyd "Ace" Percival

Proper hitting for more power

One of the most common faults and one which causes poor hitting with little power is shifting the body weight too late. Thus, the batter is not getting the most out of his hits. In other words, what might have been a honor or hit for extra bases turns into a fly-out or a single.

When you start your swing, your weight should be on your rear foot. Then, as the bat comes through at the ball, the weight goes forward on to the forward foot. If you shift your weight late you will also very likely pull away as you swing—which is one sure way to ruin your batting average. So, check your batting form now and see to it that your weight goes forward as your bat comes through. Don't leave that weight on the rear foot until the ball has been hit.

If you are shifting your weight forward properly as you swing you will be able to notice the following on completion of your swing—have a pal or your dad check this—your rear leg will have straightened out at a forward angle and your front leg will be well bent at the knee. The toes of your rear

foot will be the only part of it touching the ground but your front foot will be flat on the ground with all your body weight on it. Your upper body will be directly over your forward leg.

Calcium vitally important to athletes

Every day more and more studies are proving the tremendous importance of calcium in the diet. In applying this to athletic nutritional needs, it is readily seen that foods and beverages containing calcium and the other food elements needed to properly utilize calcium should be given a high priority.

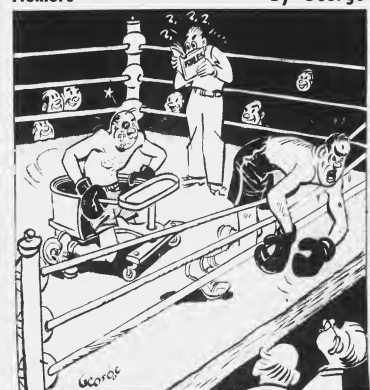
The best source of calcium is milk and products made from milk—such as cheese, ice cream, cottage cheese, milk powders, etc.

FIRST RECOGNITION

Penicillin first was recognized and named by Alexander Fleming, an Englishman. He called it penicillin after the name given tufts of spores formed on mold or fungus.

Ticklers

—By George



"Hey, coach! Every time I hit this guy he sits down and comes back for more!"

Ten Word INTELLIGRAM

Check the correct answer:

1. Auto road races have been (temporarily) (permanently) banned in France following the Le Mans tragedy.
2. Disaster recently struck a (Russian) (British) submarine.
3. (Detroit) (Rome) will be site of the 1960 summer Olympic Games.
4. Strife between religion and the state is raging in (Brazil) (Argentina).
5. It (has) (has not) led to formal communication of the chief of state.
6. Big Four will meet in (July) (August).
7. Site of the conference will be (Geneva) (Lausanne), Switzerland.
8. (Krishna Menon) (Nehru) is India's roving ambassador.
9. You (can) (cannot) ski in continental United States in Jan.
10. The (Soo) (Panama) lock system celebrates its 100th anniversary this year.

Count 10 for each correct choice. A score of 0-20 is poor; 30-60, average; 70-80, superior; and 90-100, very superior.

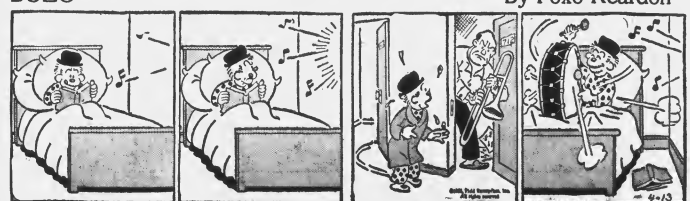
Answers to be found in another column on this page.

By Len Kleis

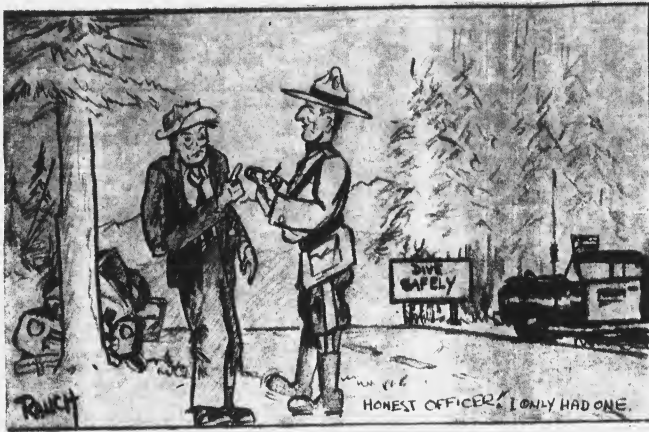
VIRGIL



BOZO



By Foxo Reardon



Three Coleman Boys To Vernon Cadet Camp

VERNON, B.C. — Three Coleman boys are among more than 600 B.C. and Alberta Army cadets now in camp in this Okanagan Valley centre taking seven weeks training.

Representing more than 80 cadet corps in the two provinces, the teen-aged youngsters travelled here by road, rail and air from home towns located from Vancouver Island to the Saskatchewan border.

Courses during the seven-week program are split into two main categories. These are the Senior Leader's Wing, training more than 400 boys as instructors in infantry subjects for their own corps; and the "D&M" Wing, training 200 youngsters in driving and maintenance of three-ton Army trucks. Other boys are training as rifle coaches.

Training is undertaken by Regular Army, Militia and Cadet Services of Canada officers and N.C.O.'s assigned to cadet training for the summer.

Following are names of local boys at camp: Cadet Sgt. T. W. Knight, Cadet Cpl. T. J. Iwasz, and Cadet E. J. Zak.

VERNON, B.C. — It's a never-ending battle, but Royal Canadian Army Service Corps men and civilian cooks are managing to keep abreast with requirements of more than 600 teen-age appetites at the big Army Cadet camp here.

Cadets will eat vast quantities of food during the seven-week camp including: 45,000 quarts of milk; 29,000 pounds of bread; 45,000 pounds of meat including 22,000 weiners for hot dogs; 8,000 pounds of butter and more than 120,000 eggs; more than 100,000 pounds of vegetables; 1,000 pounds of jam; 1,300 pounds of peanut butter; 800 pounds of oatmeal; and 800 pounds of cocoa.

Their diet is specially designed for growing youngsters. For instance they get 40 ounces of fresh milk daily instead of the 25 ounces supplied to soldiers, but they drink less tea and coffee.

In charge of messing and catering for the camp is Capt. K. J. McLean, Vancouver, who reported an average increase in weight of four pounds at last year's camp. He said he hoped this figure could be boosted this year.

Capt. McLean, assisted by WO 2 John Martin, Vancouver, also

administers spending-of the daily 8 cents "extra messing" allowance which is used to purchase items not covered by the regular ration scale. Throughout the summer these will include enough ice cream to provide three servings a week; fresh corn; canteloupes; strawberries and chicken.

Service Corps personnel are also responsible for the procurement of the supplies. Vernon supply depot is under command of Lieut. G. W. Reilly, Vancouver. As many items as possible, including all dairy supplies, are bought locally.

Extension For Upland Game Birds

EDMONTON (CP) — An extension of the duck hunting and upland bird season and increased choice for big game hunters feature changes in 1955 Alberta game regulations made public recently by the department of lands and forests.

The new regulations allow the hunters to go after all upland birds, except blue grouse and ptarmigan, from Oct. 15 to Nov. 30. Previously the season dates ran from one half hour before sunrise on Oct. 18 to one half hour after sunset Nov. 20.

A new possession limit has also been set: 20 birds of each species. In other years the limit was five birds.

In the big game section, the bag limit has been increased to include a choice of either one deer, moose or elk.

Deer can be shot in November and December throughout the province except east and south of highways No. 2 and 12. Previously the regulations read shooting could take place in the area lying north of the Crows Nest - Medicine Hat branch of the Canadian Pacific Railway and west of No. 2 highway.

The area for taking female elk has been extended north as far as the height of land south of the Highwood river. The season runs through November and December.

Changing wet bathing clothes to dry ones will help to avert chills and a summer cold. It is also a good idea to avoid people who cough and sneeze without covering nose and mouth with a disposable tissue.

Coleman Man Fined, Driver's Licence Suspended for Driving While Impaired

BLAIRMORE — In magistrate's court here this week Walter Cichy was found guilty of a reduced charge of driving while impaired and fined \$100 and costs. His drivers licence was also cancelled for a six-month period.

The RCMP charge arose out of a motor accident on No. 3 highway between Blairmore and Coleman late July 30 between a car driven by Cichy and a second car driven by Bervyn Pisony, Lundbreck.

The accident resulted in damage amounting to \$500 in the Cichy car and about \$400 to the second vehicle.

Pisony told Magistrate P. S. Radford he had been heading west toward Coleman when the other car appeared to come directly at him. He stated he swerved to the right but was unable to avoid the collision. The witness added that after the accident he spoke to the accused and he appeared to have been drinking.

Followed Accused

James Cox, Sentinel, testified he had followed the accused from Coleman to the scene of the accident and said Cichy had frequently swerved from over the centre line of the road.

Members of the RCMP detachment in Blairmore, Const. R. H. Pincock, Const. E. A. Bruch and Const. W. Becker said the accused had been unable to give a coherent statement concerning the accident when taken to the detachment shortly after the mishap. Const. Bruch and Const. Becker both stated the man's breath had an odor of alcohol.

Cichy, who was defended by counsel, stated he had nothing to drink since about 6 p.m. on the day of the accident and had left home to come to Blairmore about 10 p.m. He believed the accident had been caused by a tire blow-out.

William Andershach of Coleman, said he had seen the accused outside his home about 6 p.m. and he had been "all right" then. But he stated Cichy left home about 8 p.m.

Magistrate Radford felt there was not sufficient evidence to find the accused guilty of the charge of driving while intoxicated and found him guilty of driving while impaired.

AMBASSADOR'S REPORT, by Chester Bowles (Harper, 1954, \$4.00). — Personal account of author's reactions to India and Southeast Asia while serving as American ambassador to India from 1951 to 1953.

SEVEN YEARS IN TIBET, by Heinrich Harrer (Dutton, 1954, \$5.00). — A rounded account of Tibetan life by an Austrian mountaineer who became a tutor to the Dalai Lama.

STRANGE LANDS AND FRIENDLY PEOPLE, by William O. Douglas (Harper, 1951, \$4.00). — Friendly and vivid reporting of a trip through Persia, Greece, Israel, India, and the Arab and Moslem states.

GOD'S COUNTRY AND MINE, by Jacques Barzun (Little, 1954, \$5.00). — Reflections on American citizen who spices his declaration of love with a few harsh words.

JOURNEY TO THE FAR AMAZON, by Alain Gheerbrant (Simon & Schuster, 1954, \$5.00). — An honest and always exciting tale of an expedition into the unexplored Sierra Parima region.

BAFUT BEAGLES, by Gerald Durrell (Viking, 1954, \$3.75). — An account of an expedition to collect wild animals from the grasslands of Bafut in the northwest Cameroons, written with wit and humor.

WE CHOSE THE ISLANDS, by Arthur Grimble (Morrow, 1952, \$6.00). — A memoir of the author's six years in the Gilbert Islands as a district officer.

KANANASKIS SERVICE STATION

British American Oil and the new Super 88 and 98 Gas

FISK TIRES -- CHEVROLET DEALER
A complete Lubrication and Ignition Service

Open 8 a.m. to 10 p.m. Daily

Dial 3810 Proprietor Jack Nelson
Located on the No. 3 Highway at the Entrance to the Kananaskis Highway in Coleman.

Excellent Opportunity Around Durward, Staveland and Claresholm

Operate your own business. No capital investment. Profits of \$500 or more a month possible first year selling Watkins Nationally Advertised Products. No experience necessary. Applicants must be between the ages of 25 and 50. Car required.

Apply, The J. R. Watkins Company, Winnipeg, Manitoba

NOTICE

Change of corporate name

Effective August 1st, 1955

Socony-Vacuum Oil Co. of Canada Ltd.

changed its name to

MOBIL OIL OF CANADA, LTD.

Mobiloil and other automotive products as well as Gargyle Industrial Lubricants and other manufactured products will continue to be marketed in Canada by Imperial Oil Limited.

This is a change in name only and does not affect the company's leases, contracts or other obligations.

MOBIL OIL OF CANADA, LTD.

formerly

Socony-Vacuum Oil Co. of Canada, Limited
Mobil Oil Building
Calgary, Alberta

HAROLD'S

"The Home Decorating Store" Whitefish, Montana

Discontinued Patterns in Drapery Yard Goods at LESS THAN HALF PRICE.

READY MADE DRAPERIES from... \$4.98
Cotton Pile Rugs, latex backs, 24 x 36, ... \$3.29

Ruffled Curtains, Panels, Kitchen Curtains, Trimming.

A COMPLETE TIRE SERVICE

we offer you a COMPLETE TIRE Service from Vulcanizing to New Tires we can assure you complete satisfaction in any tire needs

SLIM'S TIRE SHOP

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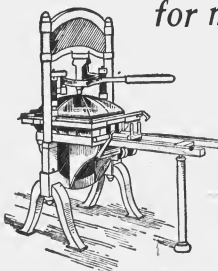
Modern advertising is a necessity to hold and build business. Be proud of your business, of the goods you have to sell, of the services you have to offer in your particular line. Show the progressive spirit and the desire to serve by advertising. Do not hide your light under a bushel — proclaim far and wide who you are and what you have to sell and where your place of business is, for public memory is short, and advertising is a powerful aid to all types of businesses. Moreover, people as a general rule shop where they are invited.

★

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THE COLEMAN JOURNAL

Serving Southern Alberta for more than 72 years



The first issue of The Calgary Herald was printed on Aug. 31, 1883 on a Washington Hand Press... similar to the one shown in the above illustration.

In the 72 years that have gone by since the first issue of The Calgary Herald came off a hand-press in a tent by the Elbow River, we believe we have established a reputation for fearless independence and integrity. Our readers often disagree with us, but they respect the honesty and frankness of The Herald's opinions.

No newspaper in the West gives more comprehensive coverage of the news; and today The Herald enters more Southern Alberta homes than ever before.

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The CALGARY HERALD

A Division of The Southern Co. Ltd.

Serving Southern Alberta Since 1883

Health News Service

TORONTO, Ont. — "Only by knowing artificial respiration thoroughly can you be sure that you are doing everything to save a life," states Mr. W. J. Bennett, Chief Commissioner of the St. John Ambulance, writing in an article, specially prepared for the current issue of HEALTH magazine, official publication of the Health League of Canada.

"St. John points out that each year approximately 1,000 Canadians lose their lives through drowning and that another 2,000 are asphyxiated through electric shock, carbon monoxide and other ways. If more people knew artificial respiration, a great many of these lives could be saved."

He mentioned the St. John — Save a Life week—which was held during the early summer, saying that persons wishing to learn artificial respiration only needed to take one of the two-hour classes which were mostly demonstration and practice. They recognize three methods — the Holger-Nielsen, Schafer's and Silvester's. In the Holger-Nielsen method, which is described in detail in the rest of the article, the rescuer kneels at the head of the victim, facing him, and exerts pressure and release. The hands should rest on the victim's back, the palms resting on the shoulder blades, the thumbs on the backbone, and the fingers pointing towards the victim's feet.

Mr. Bennett points out that this method must be learned at a first aid class. He stresses the fact that artificial respiration should be kept up until unmistakable signs of death (rigor mortis) appear.

Coffee Defended

A healthy person can drink up to 30 cups of coffee a day without harming himself, according to expert's opinion in the journal of the American Medical Association reported to the Health League of Canada from the Medical and Pharmaceutical Information Bureau.

Another expert added that this much coffee might produce nervousness, trembling, insomnia, extra heart beats and headache.

"However," he adds, "in healthy persons these effects ordinarily are not serious, and disappear promptly if the amount of coffee is reduced." The physician warns, however, that where organic ailments such as heart, intestinal, stomach or nervous disease exist, the excessive use of coffee should be avoided. But even persons with these conditions may be allowed a small amount of coffee every day without harmful effects.

Tourist Trade Hurt By Fernie City By-law

ERNIE, B. C. — Fernie city council, at its regular meeting on Monday, decided to call for tenders for insurance covering city properties. The action was taken because the present insurance underwriters are discontinuing business at the end of September.

John Patterson, who operates a confectionery, grocery and second hand business, wished to know if he could sell groceries after 6 p.m. According to by-law he is not permitted to do so.

Mr. Patterson informed the council he is permitted to sell candy, ice cream, pop, fruit and tobaccos after 6 p.m., but he is un-

able to sell the tourist the loaf of bread, the pound of butter, the bottle of milk or the can of beans he may desire.

It seemed strange to him that every effort is made to attract tourists to the city, but the tourist must be directed to the nearest highway store out of the city to purchase his grocery wants or go to the nearest restaurant to purchase the loaf of bread or bottle of milk. The city clerk was instructed to write Mr. Patterson that should he be able to get the required percentage of requests from the other licensed grocers in the city, the council would consider an amendment to the by-law to permit sale of groceries after 6 p.m.

Gems of thought

POVERTY AND RICHES

Wealth is not his that has it, but this that enjoys it. — Benjamin Franklin.

Giving does not impoverish us in the service of our Maker; neither does withholding enrich us.

—Mary Baker Eddy.

He is poor whose expenses exceed his income. — Jean de la Bruyere.

He who is not liberal with what he has, does but deceive himself when he thinks he would be liberal if he had more. — W. S. Plumer.

Poverty is no disgrace to a man but it is confoundingly inconvenient. — Sidney Smith.

Some are unwisely liberal, and more delight to give presents than to pay debts. — Sir Philip Sidney.

Trials of an Editor

Getting out any magazine is no picnic.

If we print jokes, people say we are silly.

If we don't, they say we are too serious.

If we stick close to the office all day.

We ought to be around hunting material.

If we go out and try to hustle, We ought to be on the job in the office.

If we don't print contributions, We don't appreciate genius.

If we do print them, the paper is filled with junk!

If we edit the other fellow's write-up we're too critical.

If we don't, we're asleep.

If we clip things from other papers.

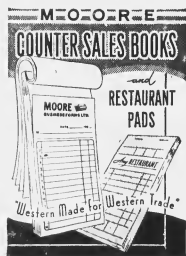
We are too lazy to write them ourselves.

If we don't, we are stuck on our own stuff.

Now, like as not, some wise guy will say

We swiped this from some other magazine.

We did.



The Coleman Journal

Printing of Distinction

★ ★

If you want printing you can get it from

The Coleman Journal. We employ master

printers with experience who can turn out

first class work at a reasonable price.

The next time you need printed matter

of any kind — from a business card to a

full sheet poster — contact

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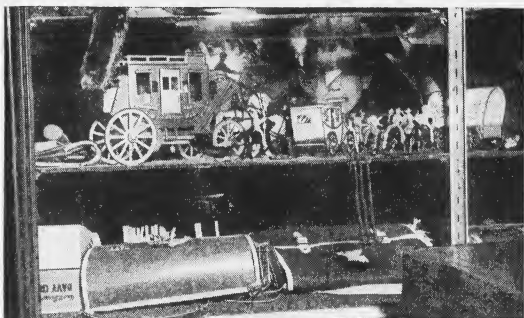
The Coleman Journal



● Everett J. Irwin, re-elected president of the British Columbia Automobile Association, and J. Frank Bird, secretary-manager, received congratulations from the Board of Directors for the outstanding growth of the Association in 1954. Membership is now over 56,000 with more than half the members outside the greater Vancouver area. "The BCAA is truly a province-wide association," said Mr. Irwin.



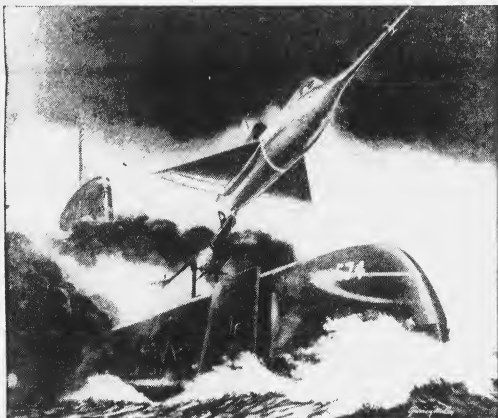
World Happenings In Pictures



DAVY CROCKETT RUNS WILD—Bill Staples, six, better known to his cronies as Davy Crockett, glues his nose against the window of a New York City department store the better to ogle coonskin hats, six-guns, stage coaches and—shades of the Alamo—brief cases. Anything that remotely smacks of the frontier—and much that doesn't—is riding the tail of Davy Crockett's legendary coonskin cap during his reign over the imagination of the nation's small fry.



TOM'S NOT FORGOTTEN—That certain frontiersman to the contrary and assorted space characters notwithstanding, Tom Sawyer and Huck Finn still float down dreamy rivers as small boys relive their legendary adventures. Ready to shove off for a good, old-fashioned session of rafting on Peachtree Creek, Atlanta, Ga., are, from left: Luke Curtis, 8; Jimmy Geiser, 6, and brother Bill, 10. The boys' pet pooch is serving as pilot.



THIS ARTIST'S SKETCH shows the latest trend in aviation design. A jet plane, equipped with an atomic bomb, takes off from an atomic-powered submarine close to enemy shore. The jet would be picked up at sea following the attack.



IT'S ALL IN HOW YOU LOOK AT IT—Woman at left is puzzling over modernistic bronze of an equestrienne which is being made ready for mounting in Boston, Mass., Public Gardens as an exhibit for the fourth annual Boston Arts Festival. At right, man with sweater over his head isn't THAT startled by the unusual treatment. He's just using the garment as a makeshift darkroom in which to reload his camera.



STAGGERING — That's what Detroit Tigers' Jack Phillips is doing. And right at the plate in Yankee Stadium, too. Tch-leh. But it's strictly in line of duty. He's getting out of the way as a close pitch sizzles by, during a Tigers-Yanks game.



HE CHUCKS WOOD—In favor of ice cream. Pet of Mrs. W. H. Fleming, Bay Village, Ohio. "Woody" will gnaw up any given quantity of the cold stuff. Perhaps he wants to become acclimated to the chilly weather he'll meet next spring as tradition's best-known weather prophet.



FINNY FASHION—Symphony in styling for underwater fishermen is exhibited by Met's top basso, Jerome Hines, who "models" a striped sheephead which goes well with his patterned sweater, as he comes from the water at Nag's Head, N.C.

THE WHOLE TRUTH

The labels on food and drugs sold in Canada must bear a true description of the contents, as well as the name and address of the manufacturer. This is done to protect the purchaser from adulterated, impure or unclean food or drugs. If any purchase of food or drugs is found to be untruthfully labelled or the contents impaired, the local food and drug inspector should be notified so that the offending article may be withdrawn from sale and action taken to prevent any recurrence of the offence.



JAIL-BOUND JELKE — Minot F. Mickey' Jelke, foreground, heads for a prison van in New York with a fellow prisoner. The oleomargarine heir will serve a two-to-three year term. He was convicted of compulsory prostitution.



NEW STATUE OF CHURCHILL—This bronze statue by sculptor Oscar Nemon of Sir Winston Churchill, was unveiled during ceremonies at London's ancient Guildhall.



IN COOL CUSTODY—Guard Richard Thomas gives himself up to "Old Man Snow", who keeps cool despite the 90-plus degrees sometimes recorded in Los Angeles, Calif. Snowman, sponsored by the Los Angeles Water Resources Authority, is kept under constant refrigeration. He reminds Angelinos who visit the Museum of Science and Industry of the importance of winter weather in the mountains to their water supply.

OUR COMPLETE SHORT STORY—

A slow poke speeds up

—By CHARLES CLARKSON

LARRY TIMS stood near the door of the restaurant and stared at the lively little brunette behind the cashier's desk. She repeated her words.

"Yes, I'm leaving, Larry. The Domino chain has offered me a job as relieving cashier. I'll be travelling all around."

His mouth dropped, but he managed a smile. "That sounds like a grand job, Ann. I'm sure pleased."

"Oh . . . well, thanks, Larry." Ann Gales turned quickly to hide the hurt in her eyes.

Larry started toward the show window, changed his mind and sat down at the soda fountain. Half to himself, he said slowly, "She's leaving."

Ginger, the red-headed soda jerk, glanced over. "Who, Ann? Sure, today's her last day. She just told you?" Larry nodded glumly.

Ginger was scornful. "Listen, pal. You fell for her the first time you came here to trim the windows. Not that I blame you. Ann's a peach of a kid—and a swell looker, too. But what do you do?"

He didn't wait for an answer. "Once a week you blow in, you say hello. Then you spend the time just looking at her, so that you're sticking pins into your fingers instead of into that colored paper you carry around. Why don't you give yourself a break?"

It's true, Larry thought sadly. All week he'd look forward to Friday, his day to do the restaurant windows. He'd plan what he was going to say—suggest calling for her after work; perhaps a drive out the parkway and a bite to eat. After that . . . well, he was sure things would work out all right.

But when Friday came, it was always the same. One look at those warm, smiling eyes and his courage vanished.

He tried to explain to Ginger. "You don't understand, kid. I'm not in Ann's class. She wouldn't bother with me. Besides, I don't know how to begin."

Ginger made a sour face. "Listen, chump. Just give yourself a big build-up—tell her what a great guy you are. Next thing, she's eating out of your hand."

"Not me," Larry groaned. "She'd probably laugh in my face."

He went back to his work, gathering the crepe paper into fancy patterns, and pinning up the little felt letters. He glanced often toward the cashier, but the dark head never turned in his direction. He was ignored. He felt crushed, beaten.

ITCH STOPPED IN A JIFFY
or money back
First test of new itching balm
D.D.D. Prescription positively cures
raw red itch—caused by eczema, rashes,
eczema, itching, chafing, insect bites, etc.
Gives relief, soothes, 39¢ trial bottle
money back. Don't say "No" to
your druggist for D.D.D. PRESCRIPTION.

**SASKATCHEWAN 1905
GOLDEN JUBILEE 1955
EXCURSION**

to CHURCHILL

**JULY 27
to
AUGUST 1**

Departing from
Regina and Saskatoon
All expense paid trip

\$91.50

per person
... for 2 in a room, berth,
other rates on request.

Apply to
C.N.R. Agent,
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Junior Art
Exhibition
opens Nov. 9

REGINA. — The Saskatchewan Arts Board is again sponsoring a Junior Art Exhibition opening on Wednesday, November 9, at the Norman MacKenzie Art Gallery in Regina, according to Miss Norah McCullough, Saskatchewan Arts Board secretary. This will be the fourth exhibition of its kind to be held in the province.

Miss McCullough requests art teachers of schools, principals, and all those interested in the encouragement of art education to especially take note of this fall exhibition.

Teachers are asked to retain students' work for submission to this Junior Art Exhibition, since it had not been possible to have printed notices circulated before the end of the school term. Miss McCullough said. Printed notices and entry forms giving full particulars will be sent out late this September. Entries should be large in size and the student's own original work. No copies will be accepted.

The exhibition will be open to anyone, whether a student or not, from 13 to 21 years of age, complying with the regulations.

Substantial prizes are being offered for the young people sending their art efforts to the Junior Art Exhibition, Miss McCullough added. Generous awards have been contributed by a private donor and art supply dealers, and six cash prizes are offered by the Saskatchewan Arts Board, amounting to approximately \$200 in all.

Enquiries regarding the Junior Art Exhibition for 1955 should be directed to the Saskatchewan Arts Board, 1100 Broad Street, Regina.

Fashions

Button-on magic!



CHANGE from sundress to city dress quick as a wink with that clever collarette! See how it buttons right to the dress—points up the curvy shape of the neckline. You'll get so much more wear out of a smart combination like this—and it's so easy to make.

Pattern 4809: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 dress 41" yards 35-inch; collar 1 1/2" yards. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send thirty-five cents (25¢ in coins (stamps cannot be accepted)) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

**Department P.P.L.,
Anne Adams Pattern Dept.,
60 Front Street W., Toronto**

SMILE OF THE WEEK
"Is your wife economical?"
"Very. We do without everything I want."

THE TILERS
NOW WHAT'S WRONG?
THIS WEATHER!
IF IT DOESN'T STOP RAINING AGAIN, THE CROPS WILL ROT!
GOODNESS, PAPA, YOU'RE FULFILLING YOUR DUTY!
FIRST YOU COMPLAIN BECAUSE IT DOESN'T RAIN, THEN YOU COMPLAIN BECAUSE IT DOES!
EH? WHEN DID I COMPLAIN ABOUT IT NOT RAINING?
LAST SUMMER DURING THE DROUGHT!

Do You Know That . . .
Hebrew is the only one of the ancient Semitic languages that has survived as a spoken language.

3150

RED CROSS
WATER
SAFETY

GET BLANKETS AND A DOCTOR—I'LL KEEP UP ARTIFICIAL RESPIRATION

SAFETY SAM SAYS:
IN CASE OF DROWNING, LOSE NO TIME—START ARTIFICIAL RESPIRATION RIGHT AWAY!
2 SECONDS PRESSURE
3 SECONDS RELEASE
DON'T STOP!

COURTESY OF CANADIAN RED CROSS (CASE DIVISION)

Funny and Otherwise

It isn't hard to meet expense these days. As a matter of fact, you run into them every time you turn around.

The elevator girl had a word for everybody.

"I'll bet you see some strange sights," she said to the window washer.

"Yes, indeed," replied the man with the bucket, belt and sponge. "Why, there's an office on the fourth floor where everybody's always working."

She waited at the corner, joyously—then pensively—then expectantly—then casually—then anxiously—and an hour passed.

"Man," she said, "is a brute, faithless and untrue, incapable of keeping a promise."

Two hundred yards down the street he said the same things about women. She was at the wrong corner.

Teacher (to tardy boy): "Why are you so late?"

Boy: "Well, I always obey the laws."

Teacher: "Well just what do you mean?"

Boy: "There's a sign down the road that says, 'School ahead, go slow.'"

Little Betty was crying bitterly. Her mother asked her what was the matter.

"My new shoes hurt me."

"Why wonder. You have them on the wrong feet," replied mother.

Betty kept on bawling. "I haven't any other feet," she said.

PICNIC SAFETY
Meals eaten out of doors in the country taste twice as good as those eaten indoors but the picnic which includes a campfire can end in a costly and dangerous blaze unless care is taken to ensure that the fire is completely extinguished and that matches or cigarette butts are not left burning. Forest fires start quickly and often at the cost of wild life and human injury. Fires should never be lighted where there is dry grass or vegetable matter. The site for the fire (which should be as small as possible) should be on rock, sand or mineral soil so that the embers cannot cause a wide spreading fire underground.

How to Reduce Swollen Painful Piles
Here is a nice, clean, easy way to get relief from the nagging distress of swollen, painful piles without the inconvenience of continuous, pale, paps at suppositories.

The secret is in taking just one small Hem-Roid Tablet with water, two or three times a day. Write through effective INTERNAL action. Quick relief, constipation, relieves itching, soreness and pain. Hem-Roid shrinks piles and permits them to heal.

Who suffers needlessly when Hem-Roid offers you so much. Get a package today. See for yourself how one Hem-Roid is so use, how effective it is and how much more comfort it will quickly bring you. All drug stores. Low cost. Money refunded if you are not 100% pleased.

Plain facts from young writers
give frank reports on history

REGINA. — The children of Summerberry have put it down for all to see: The town has a "notable group of ladies," the television reception is just so-so, a lot of the local cows have Bang's disease, and in 1946 Pete Hewitt's garage burned down, writes Don Hanright for Canadian Press.

The 20-odd school students at Shaunavon, a typical Saskatchewan farm town 75 miles east of Regina, included these and other snippets in a scrapbook-style history of their community.

Written by a dozen different hands in cautious, easily-legible longhand, the Summerberry history is typical of hundreds which have or will be done this year as the school population's special contribution to the province's golden jubilee celebrations.

Wide participation
More than 4,000 schools in the province were expected to participate in the program. Although most histories will be written in longhand, several already have come off commercial presses and others have been typed and mimeographed.

From the thousands of pages of copy produced, school superintendents will cull those most valuable to the general history of the province and these will be put on microfilm by the provincial archivist, Dr. F. E. Thomas, and his staff.

Most of the histories open in the same way—"Our town is situated in the heart of the greatest wheat belt in Canada" and "It is here that our story begins." Then they plunge into a chronological heap of facts and figures on churches, auto dealers, pool halls, and a cow decapitated by the morning train back in 1913.

The elevator girl had a word for everybody.

"I'll bet you see some strange sights," she said to the window washer.

"Yes, indeed," replied the man with the bucket, belt and sponge. "Why, there's an office on the fourth floor where everybody's always working."

She waited at the corner, joyously—then pensively—then expectantly—then casually—then anxiously—and an hour passed.

"Man," she said, "is a brute, faithless and untrue, incapable of keeping a promise."

Two hundred yards down the street he said the same things about women. She was at the wrong corner.

Teacher (to tardy boy): "Why are you so late?"

Boy: "Well, I always obey the laws."

Teacher: "Well just what do you mean?"

Boy: "There's a sign down the road that says, 'School ahead, go slow.'"

Little Betty was crying bitterly. Her mother asked her what was the matter.

"My new shoes hurt me."

"Why wonder. You have them on the wrong feet," replied mother.

Betty kept on bawling. "I haven't any other feet," she said.

PICNIC SAFETY
Meals eaten out of doors in the country taste twice as good as those eaten indoors but the picnic which includes a campfire can end in a costly and dangerous blaze unless care is taken to ensure that the fire is completely extinguished and that matches or cigarette butts are not left burning. Forest fires start quickly and often at the cost of wild life and human injury. Fires should never be lighted where there is dry grass or vegetable matter. The site for the fire (which should be as small as possible) should be on rock, sand or mineral soil so that the embers cannot cause a wide spreading fire underground.

How to Reduce Swollen Painful Piles
Here is a nice, clean, easy way to get relief from the nagging distress of swollen, painful piles without the inconvenience of continuous, pale, paps at suppositories.

The secret is in taking just one small Hem-Roid Tablet with water, two or three times a day. Write through effective INTERNAL action. Quick relief, constipation, relieves itching, soreness and pain. Hem-Roid shrinks piles and permits them to heal.

Who suffers needlessly when Hem-Roid offers you so much. Get a package today. See for yourself how one Hem-Roid is so use, how effective it is and how much more comfort it will quickly bring you. All drug stores. Low cost. Money refunded if you are not 100% pleased.

FAMOUS PARK
Elk Island national park near Edmonton keeps buffalo, moose, elk and deer.

Don't Neglect Slipping FALSE TEETH
Do false teeth drop, slip or wobble when you talk, eat, laugh or smile? Don't be annoyed and embarrassed by such happenings. Use the new, safe, alkaline (non-acid) powder to spritz on your plates, keep false teeth more firmly set. Give confident feeling of security and added comfort. No gummy, sticky, sticky taste or feeling. Get FASTTEETH today at any drug counter.

Patterns
Smart TV square
7363
by Alice Brooks
Beauty your TV set with this smart new cover—easy to crochet in any size! Favorite pineapples and mesh form the pretty pattern! Pattern 7363: Crochet TV square 24-inches in No. 30 mercerized cotton, smaller in No. 50; larger in bedspread cotton. Easy, lovely! To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:
**Department P.P.L.,
Household Arts Department,
60 Front Street W., Toronto.**
Be sure to write plainly your Name, Address and Pattern Number.
ORDER our 1955 Alice Brooks Needlecraft Catalogue. Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

"EXPORT"
CANADA'S FINEST CIGARETTE

—By Les Carroll

Roxy Theatre

A Famous Players Affiliate

COMING ATTRACTIONS

Friday and Saturday, August 19 and 20

Duncan Macrae — — Jean Anderson

"THE KIDNAPPERS"

Enchanting Tale of How Two Little Boys Found Love
.....A Terrific Assault on the Emotions.....Tense Drama
of the Search for Love of Two Orphaned Children.....It
Will Bring Tears to Your Eyes and Finally Joy to Your
Heart.

DRAMA

Monday and Tuesday, August 22 and 23

Barbara Stanwyck — — Ronald Reagan

"Cattle Queen of Montana"

Big Sweep.....Big Story.....Big Spectacle.....A Rug-
ged, Roaring Saga of the West That Used to Be.....And
of a Woman You'll Never Forget.....Born Into the Wilds
of the Frontier.....Bred on Hardship and Danger.....As
Brave as She Was Beautiful.

WESTERN — — TECNICOLOR

Wednesday and Thursday, August 24 and 25

Linda Darnell — — Rick Jason

"THIS IS MY LOVE"

What Was the Dark Menace That Shadowed This
Women's Life?.....It Blighted Her Two Great Loves.....
And Dragged Her to the Brink of Unhappiness and
Despair.

DRAMA — — PATHE COLOR

Tired - Poor Appetite - Try

Lucozade

The Sparkling Glucose Drink

Restores Energy and is also recommended for
NAUSEA - POOR APPETITE - EXHAUSTION
Especially Helpful when Tired or Listless
During Illness and Convalescence

16 oz., only 39c

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all sizes

Metal Rings
Rubber Rings

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Personalities IN THE NEWS

Mr. and Mrs. Fred Puchko
and Mae Hammer spent two
weeks holidaying at Barrhead,
Banff and Radium Hot Spr-
ings.

Mr. and Mrs. M. Joyce of
Vancouver are in town for a
months holiday, visiting rela-
tives and renewing old ac-
quaintances. Mrs. Joyce and
her sister Mrs. S. Stephenson
of Michel, are visiting in Tor-
onto, the guests of Mrs. Joyce's
daughter, Grace.

Mr. and Mrs. J. Owen are
holidaying for two weeks, vis-
iting at Calgary and points
north. Mr. J. Owen is helping
out in the store during their
absence.

Mr. and Mrs. E. X. Hill re-
cently returned from a two
weeks holiday at Victoria, tra-
velling by the Okanagan Val-
ley and Spokane route.

Mrs. Gladys MacDonald and
son Gordon, left Sunday for
Prince George, B. C., where she
will attend the wedding of her
son Trevor Raymond to Margue-
rite Stanton-Collins of Prince
George at 3 o'clock, Saturday,
August 20 in the Knox United
Church in Prince George.

Mr. and Mrs. D. Gardiner and
son, of Claresholm, are visiting
the latter's parents, Mr. and Mrs.
L. Hottel.

Mr. and Mrs. A. Phillips are
spending a holiday in Vancouver,
the guests of their son and daugh-
ter-in-law, Mr. and Mrs. E. Phil-
lips.

Mr. and Mrs. W. Dutil have
returned from Calgary, where Mr.
Dutil's mother is ill in the hospi-
tal.

Mr. David Gillespie, accom-
panied by his daughter, Mrs. Mary
Navey and two children, all of
Vancouver, visited friends here
enroute to Saskatchewan where
they will visit with Mr. and Mrs.
R. Westworth.

Miss Frances Graham, nurse-
in-training at Victoria, is spend-
ing a holiday with her parents,
Mr. and Mrs. Frank Graham.

Dougie Malcolm of Fort Mac-
leod, is spending a holiday with
his uncle and aunt, Mr. and Mrs.
N. Ash.

Mr. and Mrs. August DeMaere
of Granum, visited with Mr. and
Mrs. J. Hanrahan this week.

Mr. and Mrs. A. Beveridge have
as their guests their daughter and
three children, Mrs. J. Robinson
of Calgary.

Miss Jacqueline Blaine of Kim-
berley, visited her grandparents,
Mr. and Mrs. J. Nash. She was
accompanied by Miss Josephine
Moore.

Mr. and Mrs. Irwin McDonald
are proud parents of a son, born
on August 1st.

Mrs. Mamie Stamm and two
children of Bellingham, Wash.,
visited her aunt, Mrs. Peter
Smith, and uncle and aunt, Mr.
and Mrs. W. Smith. Mrs. Stamm
(nee Mamie Smith) lived here
years ago, receiving her educa-
tion here.

Mrs. Mae Taggart visited with
friends in Pincher Creek last
week.

Mr. and Mrs. R. Pattinson and
daughter Georganne visited at
Victoria, the guests of the form-
er's parents, Mr. and Mrs. G. Pat-
tinson.

Mr. and Mrs. J. Nelson are vis-
iting at points in the United
States.

Mr. and Mrs. Fred Guerard are
spending a holiday at Victoria.
While here they will visit with
their daughter, who is a nurse-
in-training at the Royal Jubilee
Hospital.

Mr. and Mrs. A. McQuarrie and
Malcolm and Jocelyn are hol-
idaying at Vancouver and other
B. C. points.

Mr. and Mrs. J. Oliva were re-
cent visitors to Vancouver and
Victoria.

Miss Carrie Horn is spending
the month of August with rela-
tives in Spokane, Wash.

Judy Coover, Linda Lowe and
Weslyn Dunford attended the
United Church camp for junior
girls at Canyon Creek, Waterton
Lakes.

United Church of Canada

Sunday, August 21

Coleman--10 a. m.

Blairmore--11 a. m.

Hillcrest--12.15 p. m.

Bellevue--7.30 p. m.

St. Alban's Church

Sunday, August 21

9 a. m.--Holy Communion.

7 p. m.--Evensong.

Unemployment Questions-Answers

Q. I want to apply for unem-
ployment insurance, but I am re-
ceiving a small pension. Does this
disqualify me?

A. No.

Q. After I applied for benefit,
the National Employment Service
got a job for me. Do I have to take
it, or may I draw benefit until my
contributions are exhausted?

A. If you receive suitable em-
ployment you may be cut off ben-
efit. It must be remembered that
benefit is paid only if suitable
work cannot be got.

Q. Is an employer required to
hand over his insurance book
when a worker says he is quit-
ting?

A. An employer must deliver a
worker's insurance book to him
when he leaves.

Q. Is there any age limit for
insurable employment?

A. No.

Q. Will the Employment Service
help me to get a better job? I am
already employed, but my job is
not satisfactory.

A. Yes. You may register at a
local office for other employment
even if you have a job at present.

Q. How does a man with only
one arm go about getting a job?
Can the National Employment
Service help me?

A. The National Employment
Service will try to help you. There
is a special section of each local
office that concerns itself specifi-
cally with aiding persons, who are
disabled, to get employment.

Q. I have been paying into the
unemployment insurance fund and
I left my job recently. Now they
say I can't draw benefit because
I left voluntarily. Is that right?

A. Benefit is postponed for a
period up to six weeks if the
claimant left his job voluntarily
without just cause.

Q. I would like to change jobs.
If I apply at the employment of-
fice, would they help me find em-
ployment outside or would they
take into account that I already
have a job about twelve months
a year? Further, would they tell
my employer about this?

A. See answer number five
above. The local office will not in-
form your present employer.
Ottawa, July 7, 1955.

Classified Ads

HELP WANTED SPARE TIME OPPORTUNITY

\$100 A MONTH MINIMUM
GUARANTEED INCOME
managing vending machine
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Requires 4 spare time hours
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to full-time. No selling in-
volved. Experience NOT
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which is fully secured. Write
today, including phone and
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Ferne, Fernie, B.C. 2np

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White. Sizes small, medium and large.

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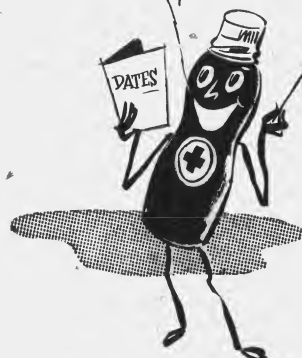
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INSURANCE AGENCIES

Coleman, Alberta

Phone 3771

remember your DATE
at the BLOOD donor clinic



Tuesday, September 6th